Dear TalTech student,

Due to the spread of the coronavirus to Europe and Estonia, Tallinn University of Technology advises its students to observe and follow the recommendations of the <u>Health Board</u> and the <u>Ministry of Foreign Affairs</u> to protect oneself from the coronavirus or influenza.

In accordance with the instructions of the <u>Estonian Health Board</u>, the university recommends all students, who have recently been or are about to return from the <u>coronavirus risk areas</u>, **stay out of the university for 14 days**, study remotely and monitor their health. In matters related to studies, please contact your lecturers to agree on the temporary arrangement of studies. <u>The Ministry of Foreign Affairs</u> does not recommend travelling at present and asks in particular not to plan trips to the <u>risk areas</u>.

If the **presence of the disease is suspected**, **do not come to the university**, because this may pose a risk to the health of other persons. In matters related to studies, please contact your lecturers to agree on the temporary arrangement of studies.

Exchange students, who do not have a family physician in Estonia, should use the contacts recommended by the Estonian Health Board:

- For further information, please contact the Health Board by e-mail: kesk@terviseamet.ee
- In health matters, please **call** the GP advice helpline **1220 or +372 634 6630** (you can also call from abroad).
- If you are unable to receive assistance from the abovementioned contacts, CALL the emergency phone number 112.

There are **hand cleaning stations** at the entrances to the university. Please use the stations actively.

Work at the university is carried out as usual.

The university monitors continuously the development of the events and provides additional information as necessary.

Follow detailed information and the latest news on the university's website. For further information please contact the Student Counselling Office (<u>studenthelp@taltech.ee</u>; phone 620 2244).